Summer Vacation: Activities for Students, Parents and Teachers

Everyone is looking forward to summer vacation. Summer vacations are the most enjoyable and liberating time for students. Students, parents, and teachers are all looking forward to summer vacation, and the last week has been particularly difficult for students and teachers to get through.

<u>Summer vacation</u> will be stressful for some parents because they will be responsible for their children throughout the day. Summer vacation can be tedious for students who are separated from their friends. Different people have different perspectives on summer vacation, but as a teacher, I see it as a blessing for students, parents, and teachers. I have included all of my teaching experiences in this article so that students can benefit from all viewpoints. I will be discussing some useful tips for students, parents, and teachers:

Activities for Students and Parents in Summer Vacations



1. **Children Should Be <u>Active and Healthy</u>:** Some parents find it difficult to keep their children healthy and active during summer vacation. Allow your children to play games in

- the morning and evening. Enroll your children in extracurricular activities such as yoga, meditation, and swimming
- Reduce Your Children's Screen Time: Children who are addicted to social media can harm their eyes and develop bad habits. As a result, limit their screen time to keep them healthy. Keep an eye on your social media activities.
- 3. Request that your child spend more time reading: For a variety of reasons, children in our schools lack <u>reading skills</u>. We know that summer vacation can help your children improve their reading skills. For parents and teachers, this is not as simple as it appears. As a result, improve your children's reading skills by providing them with interesting books to read. Avoiding academic reading books like these will decrease children's interest.
- 4. **Assist your children in learning arts and crafts**: Due to a lack of resources, most schools do not provide adequate exposure to students in learning arts and crafts. Take them to art and craft teachers for instruction. Take them to clay makers to learn about culture and arts. This will boost their imagination.
- 5. **Take your child to some picnic spots**: Picnics are always beneficial to students because they learn a lot of things Courtesy: Giphy while they are there. Allow them to travel around the world if you can afford it; such trips will broaden their cultural knowledge.
- 6. Take your children to rural areas so they can learn about our rural culture.
- 7. If your children do not stay with their grandparents, send them to meet their grandparents.
- 8. Ask your children to write one page every day to improve their writing skills.
- 9. Parents should take time off from work to spend more time with their children.
- 10. Going to see a good movie with your children in a theatre can be fun for everyone.
- 11. **Help them learn gardening.** The children will learn the values of vegetables and trees in our life.
- 12. **Teach them cooking,** especially, the boys.
- 13. **Allow them to play in dirt and mud** on vacation to boost their immunity power. These days children are not allowed to play in dirt and mud with their parents.
- 14. **Encourage them to learn a new skill** during summer vacation. They can learn drawing and fine arts, music, computer, video editing, video making, and so many others as per kid's interest.
- 15. **Help them to learn <u>self-regulation</u> during** summer vacation as it is a critical skill to learn.
- 16. **Take them for swimming** because we see that more than 90% of students do not know how to swim because there is no clean water to learn to swim in rural areas. Students of the early '90s were comfortable swimming but unfortunately, today more than 80% of teachers, parents, and students don't know how to swim? You might be one of these. Lean swimming this time otherwise you will repent in the future.

How can teachers make students' summer vacations



memorable?

Teachers can make students' summer vacations memorable. We all hope for summer vacation and have plans to enjoy it. Therefore, we must let students spend their vacations as they wish. Please don't give students extra homework during the summer. Teachers should consider the following to make students' summer vacations memorable:

- Summer vacation is a period when we all have spare time. As a result, we should **not** overburden students with homework. Give kids the bare minimum of homework and
 focus on offering them tasks that will expand their knowledge through creative and
 imaginative activities.
- 2. Emphasize the importance of kids' reading and handwriting skills.
- 3. Instruct that the pupils work on projects that they are interested in.
- 4. Advise the students to learn a physical activity such as yoga or swimming.
- 5. Help the students to **develop self-regulation**.
- 6. Don't assign any unwanted homework.
- 7. Inform that they go through what they did in class again.
- 8. Instruct the weak students to improve their weaknesses in a certain area.
- 9. Ask the pupils to hone their hidden skills.

10. Convince the students to assist the parents over the summer vacation.

Let's use the summer break to develop some special skills and improve our abilities so that our lessons can be more interesting and student-friendly.

What can Teachers do in Summer Vacation?

Summer vacation is an opportunity to advance your career and life. Summer vacation is considered to be a time to relax, but to what extent? You might get bored quickly. As a result, make your break time for learning new skills to improve your students' ability to learn and excel in life. I am giving some important tips to shine in your life:

- 1. **Improve your learning abilities** to meet today's demands.
- 2. If necessary, **improve your health**. If you suspect something is wrong with your body, see a doctor.
- 3. Spend as much time as possible with your family.
- 4. If possible, travel abroad.
- 5. Maintain contact with your students.
- 6. Remove any academic flaws you may have.
- 7. **Learn self-control or self-regulation** to become a more mature person.
- 8. Learn some administrative skills to assist the administration of the school.
- Improve your IT skills if you don't already have any.
- 10. **Improve your communication** abilities for the benefit of your students.
- 11. **Understand how to manage your personal finances.** Improve your financial knowledge so that your students can benefit.
- 12. **Assist your children** with their homework.
- 13. If you don't know how to cook, you should learn.
- 14. If you don't know how to swim, you should learn.
- 15. As a member of the world's largest democracy, you must learn to accept dissent.

A Word from RLE Mission

RLE Mission wishes you a Happy Summer Vacation. Enjoy your summer vacation with your family. Plan to enhance yours' students reading and learning skills. Identify your hidden skills. You are always welcome to share your valuable ideas on this platform. The motto is to help our students to excel in their life.